

# FIT X

ON-DEMAND



## ON-DEMAND FITNESS CLASSES WITH ZERO SUBSCRIPTION FEES

FitX On-Demand provides you with 24/7 access to a wide range of professionally produced virtual fitness classes. Our team of certified fitness instructors will help and challenge you through the most popular fitness trends in the industry.

X NO SUBSCRIPTION FEES X NO MONTHLY PAYMENTS X NO INTERNET REQUIRED

Original FitX Kiosk:	FitX Functional Fitness Kiosk:	Tech Specifications:
Abdominal	Below the Belt	15.6" True Flat Touchscreen With LCD Display
Boot Camp	Box and Burn	Aluminum Die Cast Housing
Buns and Guns	Core Circuit	Fanless & Low Power Consumption
Core Workout	Core Squad	Dimensions: 16" x 2" x 10"
Cycling	Hiit Squad	Power Required: 120v Standard Outlet, HDMI Cable
Hiit Workout	Intro to Functional Training	Warranty: 1 Year Parts / 1 Year Labor
Hip Hop	Intro to Heavy Bag	
Interval Training	Intro to Monkey Bars	
Kickboxing	Intro to Plyo Step	
Lower Body	Intro to Rope	
Pilates	Intro to Stall Bars	
Prism Rack	Intro to Suspension Training	
Sculpt	RAW - Ropes, Abs, Weights	
Spin Classes	Squad Suspension Training	
Step 360	Stretch It - Stall Wall	
Total Body	Super Circuit	
Upper Body	Super Strap Suspension Training	
Yoga	Upper Cut - Upper Body	

